



Warm-Fused Glass Workshop Instruction Manual



Table of Contents

Contents

Table of Contents	2
Introduction	3
Benefits of Working with Warm-Fused Glass	4
Your Warm-Fused Glass Kit	5
Safety and Precautions When Working with Glass	6
First Aid Instructions	10
Stringer Instructions	12
Completed Work Form	20
Mosaic Pendant Kit	24
Etched Dichotic Pendant Kit	26
Fused Glass Dots Pendant Kit	27
Carbochet Kit	28
Frit Glass Pendant Kit	29
Instant Glass Group Kiln Kit	30
High Temperature Fire Kit	30
Market Taxi	33
Contact Information	35



Introduction

This *instructional booklet* has information about a 3-hour workshop suitable for people who have experienced mental and emotional distress or families and supporters, mental health and community workers, doctors and therapists, and anyone who would like to better support people who have experienced mental and emotional distress.

The first workshop aims to teach participants how to make two fused glass pendants from start to finish: as a suitable product for personal use, as a gift, or for sale. *In follow-up workshops*, participants can learn about other types of warm fused glass pendants and be introduced to Market Taxi a system to raise funds for consumer-run projects and ways of using creativity to cope with emotional distress and symptoms which have been shown to improve people's relationships with their experiences and feel more empowered.

The warm-fused glass workshops are held under the auspices of SUPER CRO which is a consumer run organisation and charity. **Our Vision** with SUPER CRO is to create safe places where people who have a lived experience of mental distress or trauma background can come together to support each other in furthering their recovery and join their voices to support improving mental health services. It is a place to receive support, but more importantly, a place to give back, to be of service, and contribute to their community. SUPER CRO has been granted Charity Status from the [ACNC](https://acnc.gov.au/).



<https://supercro.com/>



Benefits of Working with Warm-Fused Glass

Participation in creative workshops supports mental health consumers to share their stories of recovery. The benefits of creative workshops have long been proven as a way to process and express our experiences on the inside into something positive and beautiful on the outside. With warm-fused glass, not many people are doing it which makes it unique. It is relatively simple to produce amazing looking pieces. From a metaphoric point of view, like glass, life can be broken but if you rearrange the pieces and put some work and love into it you can still create something beautiful. It is a lot like the art of Kintsugi which is a centuries old Japanese method of bringing broken pieces together with gold to recreate a new and exciting piece. The items are highly saleable and can often be used for fundraising if you have a bit of initiative and passion. Additionally, it pulls on the creative resources within us all.



Your Warm-Fused Glass Kit

- 36 x-coloured pendant blanks.
- 1 x pack of coloured glass stringers
- 10 x Tea-light candles
- 1 x Bubble wrap
- 1x box of matches
- 1 x Super Glue
- 1 x Pendant box
- 3 x pre-paid express envelope
- 1 x instructional booklet
- 1 x instructional video
- 8 x safety glasses
- 1 x Pendant display stand
- 18 x pendants made by consumers to aid in fundraising.



Safety and Precautions When Working with Glass

Your Safety Kit

- 8 x safety glasses
- 8 x Gloves
- Band-aids
- Antiseptic Cream
- Alcohol Swabs



When working with glass you can cut yourself easily so it is important to observe the safety rules.

1. We advise you to have a pack of **Band-Aids and Savlon Antiseptic Cream** on hand in the event of any little nicks and cuts that can occur. If you are cut, wash, and dry the area and apply a Band-Aid and Savlon Antiseptic Cream to the area. When using precautions these cuts and abrasions can be minimised or avoided.



2. Because there can be tiny shards of glass that are hard to see with the naked eye, there should be **NO food or drink** in the working area to avoid shards finding their way into your digestive system as it is very easy to unknowingly have a tiny shard of glass on your hands so food and drink are not permitted when working with glass.



3. We advise that you use **safety glasses** and emphasise to **not touch your face** when working with glass as your hands can get sweaty and therefore collect tiny fragments of glass. Be sure to wipe your glasses with **an alcohol swab** before using.





4. Wear **gloves** to ensure glass particles do not find their way under the skin.



5. Because in this session, we use a candle it is important to **be aware of issues working with flame and hot wax**. It is important when bending your stringer to hold it in a way that keeps your fingers away from the flame. Also put a safety mat under your candle to avoid knocks and spills. Wax is hot and can also burn. Additionally, the stringer will get hot so watch where you hold it.



6. To clean up glass vacuum up the shards or sweep them up with a dustpan and broom. Also wipe down your workspace with a wet cloth after you have vacuumed the area. **Wash your hands thoroughly after glass work**. If



you are unsure if you have picked up all of the shards of glass or not, look at the surface of the work area from different angles and heights as tiny fragments will reflect in the light.



First Aid Instructions

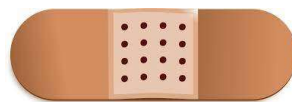
1. If you get a glass cut be sure to immediately tell your group facilitator and **wash the injury** under running water to get any residual glass out of the cut.



2. Apply **antiseptic cream** to the area.



3. Place a **band-aid** carefully around the cut.

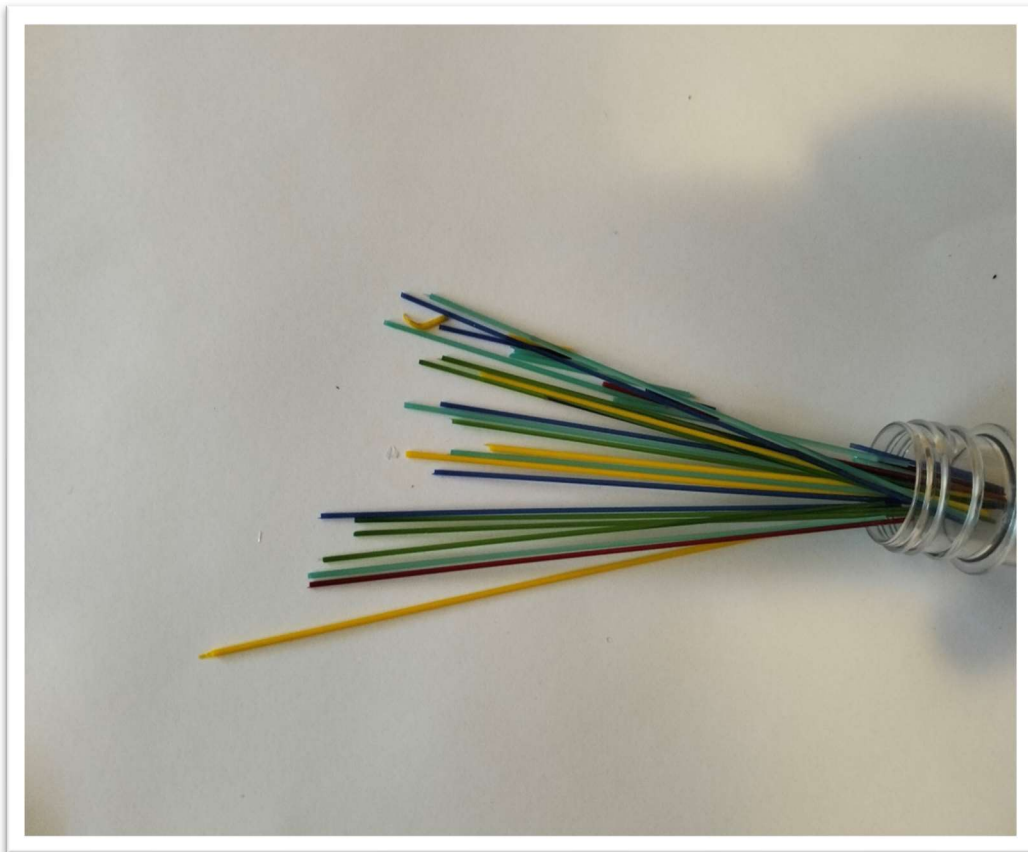


4. See your **doctor** if the cut gets infected or if the glass has not been removed from the cut.



Stringer Instructions

1. The purpose of this lesson is to teach you how to make glass pendants with glass stringers. A glass stringer is a strand of glass of the same thickness as spaghetti. It is thin enough that it can be melted with the flame of the candle.



2. In your kit you have a lot of items, as mentioned previously. **Everyone needs to put on their safety glasses** and each person should obtain a tea-light candle for melting glass. Have a working area set out on an A4 sheet of copy paper which will act as a placemat.



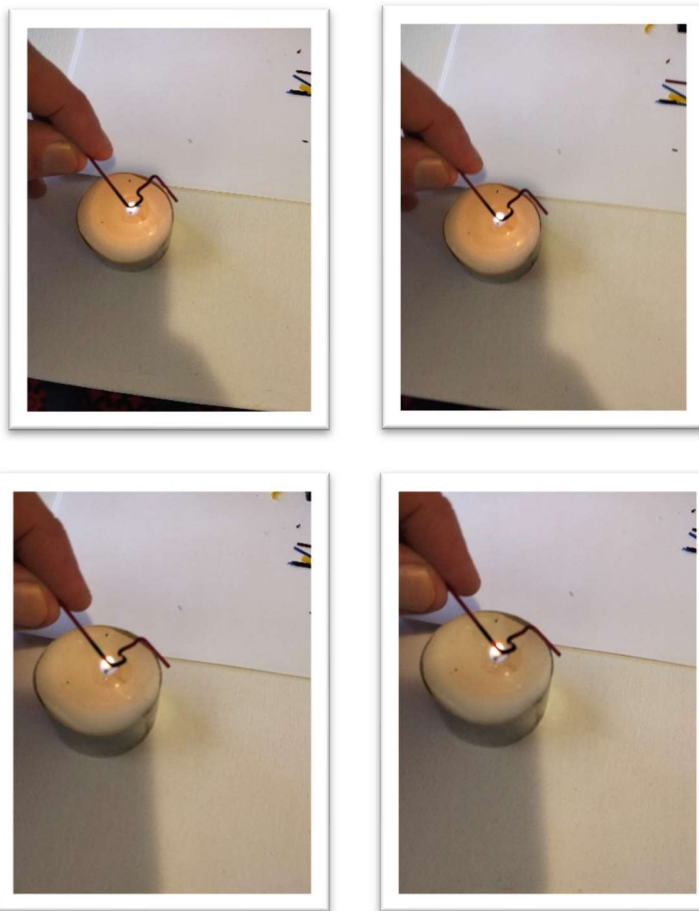
3. Take the bag of rectangular glass and carefully place its contents on the A4 paper. The rectangular glass will serve as your background and will act as a canvas for your stringers. Pick 2 pieces of rectangular glass and stack them on top of each other. The reason we use two pieces of glass is because glass likes to sit 6 millimetres thick, and each piece of glass is 3mm thick. So, if you use just one piece the glass shrinks in the kiln and distorts your design because of shrinkage.



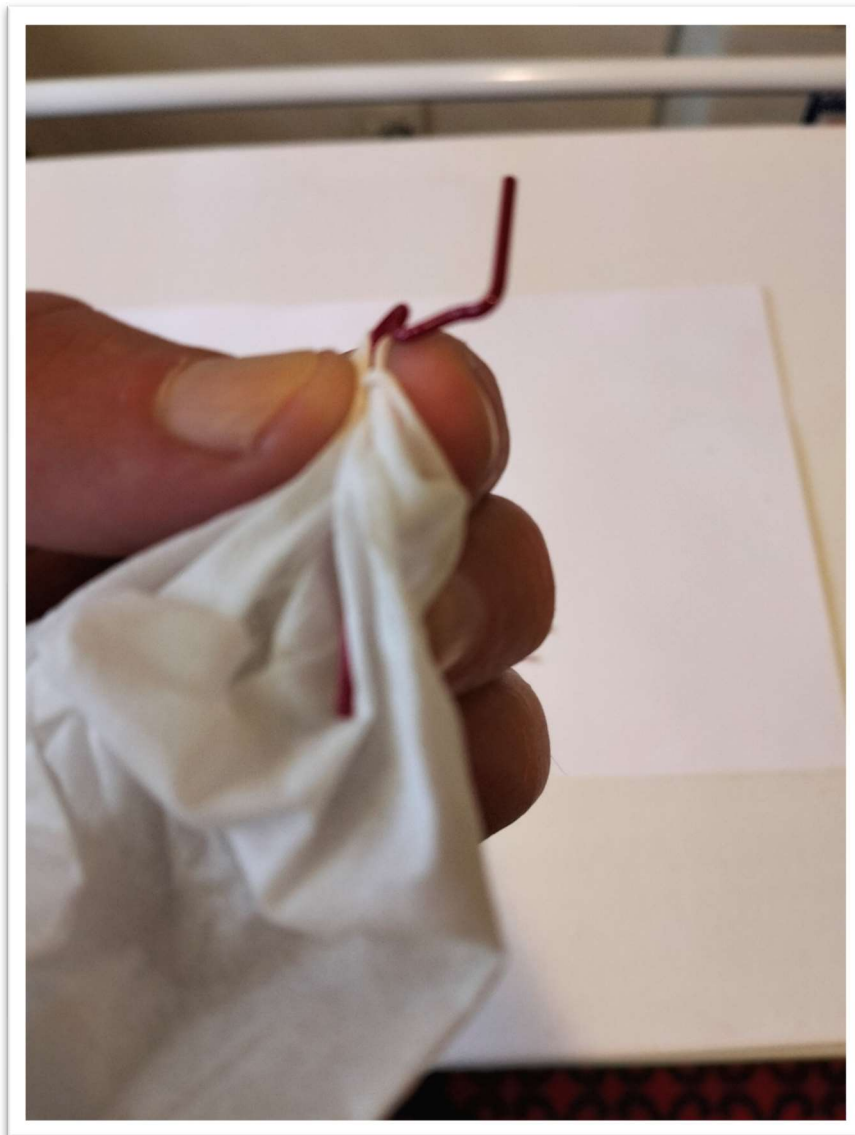
4. After you have got 2 pieces of glass arranged correctly, then pick a coloured stringer and light your candle.



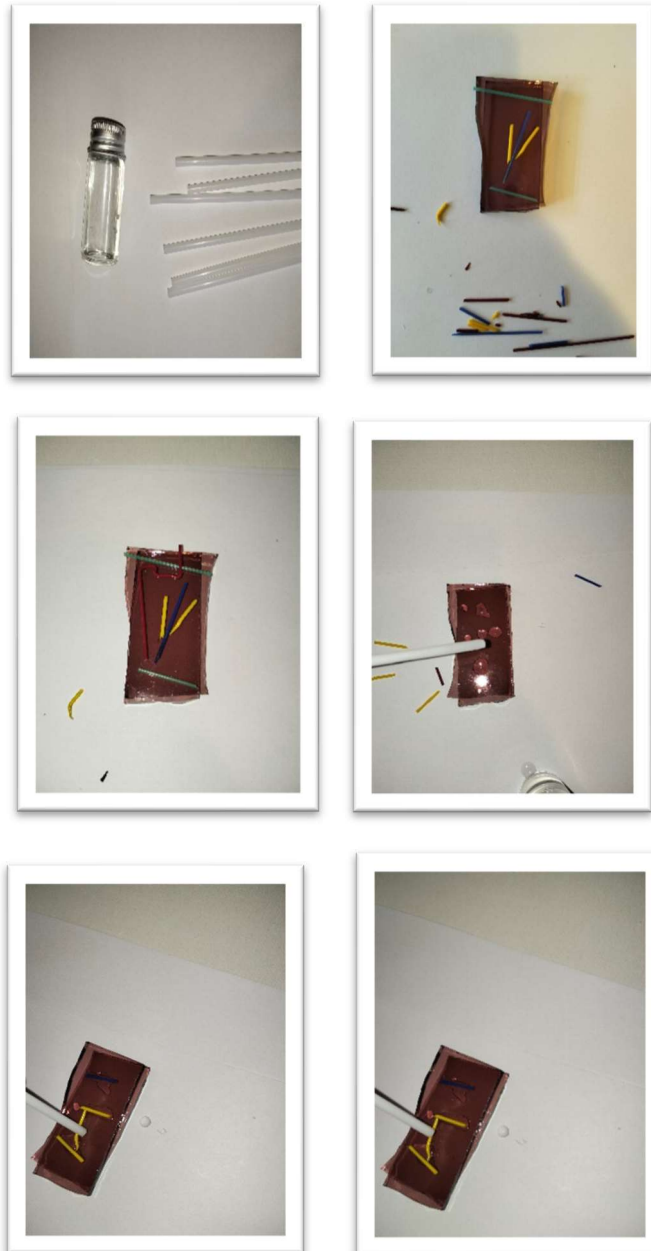
5. Grab the stringer at both ends (**not in the middle**) and use the flame of the candle to heat the stringer in the middle whilst you apply and ever so **slight amount of pressure** to bend the stringer. You can use the candle to bend the stringer into shapes and curves or you can just break the stringer into pieces without using the flame as you wish. **Be sure to have your safety glasses on to do this.** For example, people often make their initials or bend the stringer into a heart shape. If you think about the use of straight lines, and the ability to curve those lines, using the candle then the possibilities are endless. You are only limited by your imagination and the size of the piece.



6. You'll notice when you use the candle with the stringer, soot will gather as the candle turns it black. Wait for the stringer to cool completely as it will be hot from being in the flame. **Do not touch the stringer where it is hot.** Once cooled, use a wet tissue to gently remove the soot.



7. You will also notice there is a little jar of glass glue and a lot of lollipop sticks. Open the jar of glue and use a lollipop stick to dip into the glue and place dots of glue on the top surface of your two pieces of rectangular glass, where you want to glue your stringers. You can use the back of the lollipop stick to move the pieces to where you want them to go.



8. Once you have glued everything in place, take the tackle box in the kit with the numbers on it and place your glass pendant with the stringer side facing up.



9. Once the pieces are designed, the facilitator will have to go over each piece with super glue (included in kit) and add a few drops to the stringer to add to the glass base of the pendant. Super glue dries in 10 minutes.
10. After the super glue dries the facilitator will use little pieces of cut up bubble wrap in each section of pendant box to pack it in so it doesn't move.
11. Close the lid and then wrap the whole tackle box in bubble wrap and post back with the express bags provided.



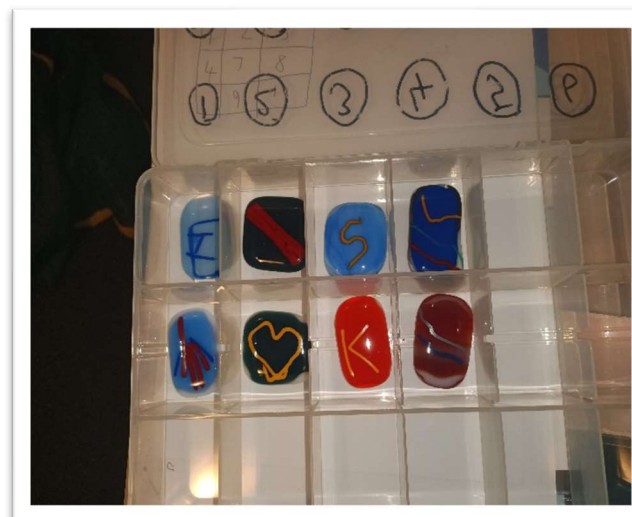
12. On a piece of paper for the group place your name, email address, and tackle box number onto the paper. Do this for the entire group.

Completed Work Form

[illegible]

13. When everyone is finished all their pieces, let them sit for a while for the glue to dry. Your facilitator will organise to get the box of pendants back to us and we will fire them in the kiln and send them back to you.





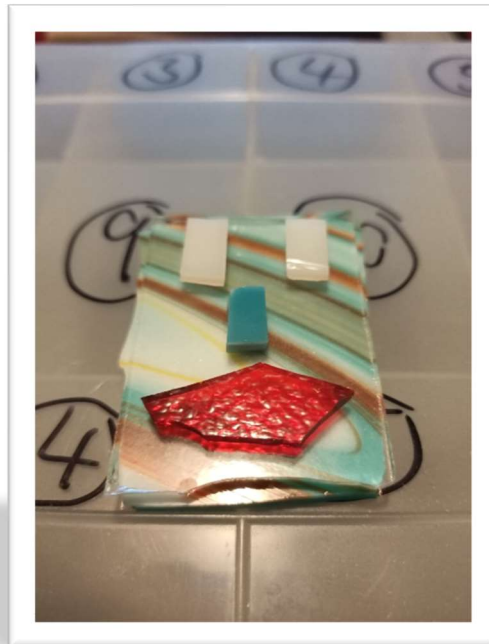
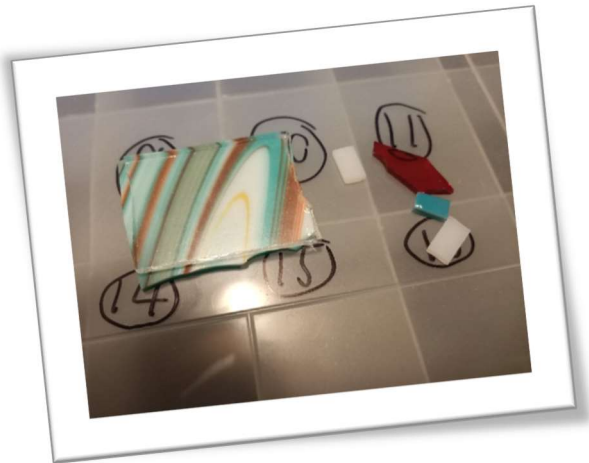


Mosaic Pendant Kit

The mosaic kit will allow participants to use mosaic cutters and glass to design a pendant using small mosaic sized pieces of glass.

- 36 x Pendant Blanks
- 1 x Jar of Mosaic Glass
- 3 x Mosaic Glass Cutters
- 1 x Glue
- 7 x Sticks
- 1 x Tackle Box
- 1 x Safety Kit





Etched Dichotic Pendant Kit

The etched dichroic kit will allow participants to draw a design on a piece of dichroic glass and use the etchers to etch their design and fuse it into a pendant.

- 36 x Pendant Blanks
- 7 x Long Sticks
- 1 x Glue
- 1 x Tackle Box
- 1 x Safety Kit
- 6 x Etchers
- 1 x Pack of Batteries
- 18 x 2.25cm Dichroic Glass



Fused Glass Dots Pendant Kit

Participants will have the opportunity to use fused glass dots to arrange in a style of their choosing to create pendants.

- 36 x Pendant Blanks
- 7 x Long Sticks
- 1 x Glue
- 1 x Tackle Box
- 1 x Safety Kit
- 1 x Jar of Fused Glass Dots
- 1 x Tackle Box



Carbochet Kit

The participants of this group will use glass-coloured shapes to join together to make glass figures.

- 36 x Pendant Blanks
- 7 x Long Sticks
- 1 x Glue
- 1 x Tackle Box
- 1 x Safety Kit
- 2 x Bluetack
- 10 x Sheets for Designs
- 1 x Jar Fused Glass Dots
- 1 x Jar Cabrochet Glass
- 1 x Tupperware Box



Frit Glass Pendant Kit

Participants will work as a team to break solid pieces of glass into smaller crushed pieces or frit and to formulate their own mix of these colours and be able to choose a pendant mould and use their frit mix to create a stunning pendant.

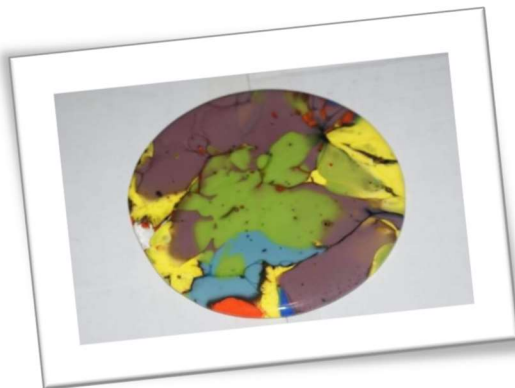
- 1 x Safety Kit
- 2 x Glass Mosaic Jars
- 2 x Frit Grinder
- 2 x Rare Earth Magnet
- 2 x Frit Sifting Kit
- 1 x Bracket Moulds
- 1 x Frit Base Pack
- 18 x Small Jars
- 8 x Snaplock Bags
- Sticks for Jar and Snaplock Bag



High Temperature Fire Kit

Participants of this group will be able to use cut up pieces of glass to arrange in their style and be amazed by the result of what happens to glass at high temperatures and the random designs it creates which will be turned into a coaster.

- 1x Bag of Kiln Wash
- 6 x Paint Brushes
- 1 x Safety Kit
- 2 x Jars of Mosaic Glass
- 6 x Storage Bags
- 1 x Roll of Sticky Tape





Instant Glass Group Kiln Kit

This is a big one that is an instant glass group starter. It will come with a few days training from the trainer group and enough supplies to run and continue running glass groups including kiln and glass with tools.

- 1 x Kiln
- 1 x Safety Kit
- 2 x Fibre Board Shelves
- 2 x Sets of Kiln Stands
- 1 x Kiln Wash



Market Taxi

MARKET TAXI

Market Taxi © is a set of multi-level retail tools, training, and products to raise funds for your own groups, projects, and ideas. Market Taxi © educates and provides access to our quick start social enterprise fundraising and marketing. The products in Market Taxi © have proven to turn a profit in a retail environment.



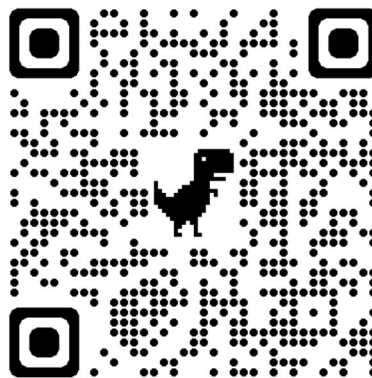


Contact Information

SUPER CRO INCORPORATED IS A REGISTERED CHARITY

ABN: 80680294139

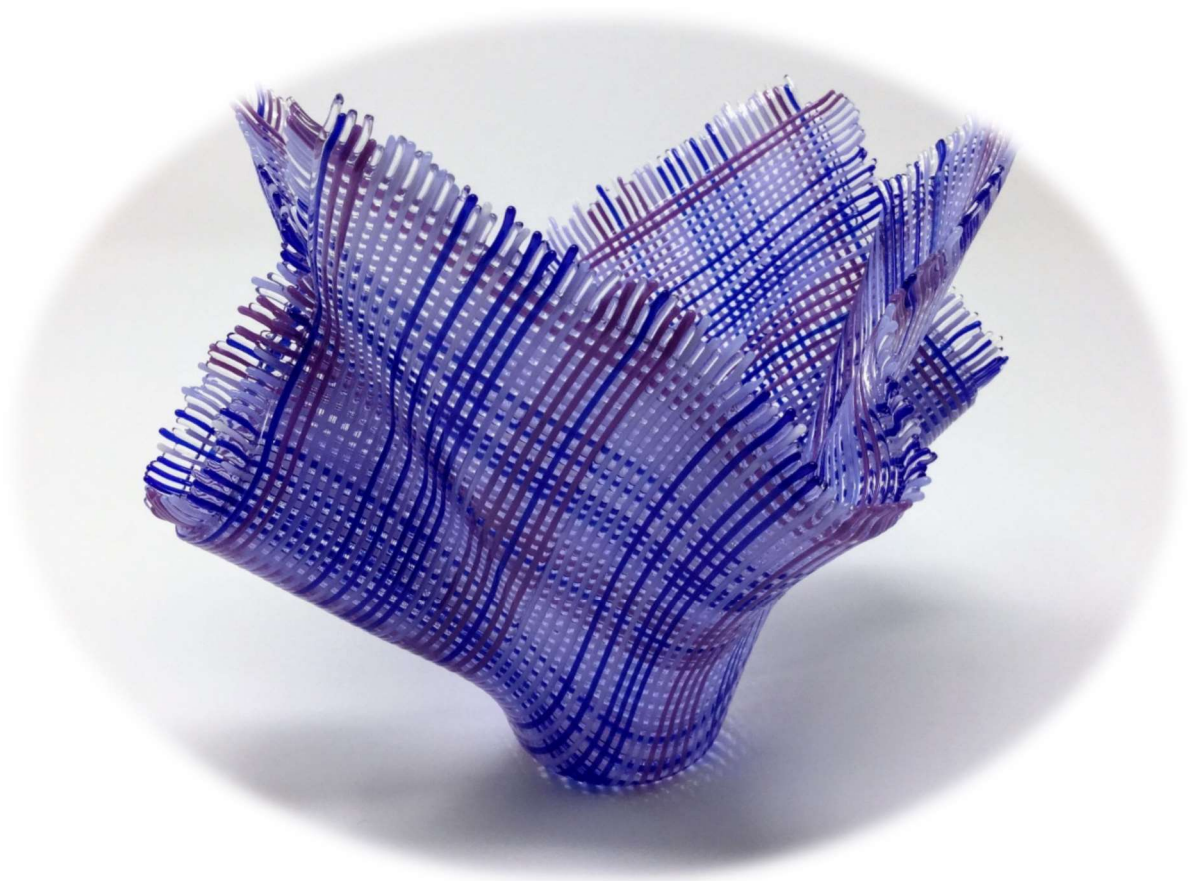
Email Contact: pm@supercro.com



Register your interest by scanning the QR code.

Your authorised representative is:







Warm-Fused Glass Workshop

When:

Where:

Super CRO is holding a 3-hour workshop suitable for people who have experienced mental and emotional distress or families and supporters, mental health and community workers, doctors and therapists, and anyone who would like to better support people who have experienced mental and emotional distress.



The benefits of art have long been proven as a way to process and express our experiences on the inside into something positive and beautiful on the outside. With warm-fused glass, not many people are doing it which makes it unique. It is relatively simple to produce amazing looking pieces. From a metaphoric point of view, like glass, life can be broken but if you rearrange the pieces and put some work and love into it you can still create something beautiful.



Register your interest by scanning the QR code above.